

Birdie Sport



Term 4 Summer 2016



#SBPPfortheWIN



#WinterSport





PM Sport Programme Term 4

- Learners will be collected from SBPP by the coach. The coach will then drop the learners at Homebase after the practice, where they will wait to be collected by their parents.
- Please ensure that your child wears appropriate sporty clothing as well as closed shoes to all sporting activities.
- Parents are not permitted to watch the practice sessions
- Sessions will not be made up if the practice falls on a public holiday, staff development days, school holiday or if your child is unable to make the practice
- Practices are never cancelled due to weather, indoor sessions will take place
- Silvermine Academy activities fall under the same discipline structures as that of Sun Valley Group of Schools

Session Dates

Due to the short Term, sessions will begin in the first week of Term.

(1) 10 Oct (2) 17 Oct - No Sport on Mon, 17 Oct due to Staff Function (3) 24 Oct (4) 31 Oct
(5) 7 Nov (6) 14 Nov (**Sessions from Monday - Thursday will begin 30 minutes earlier due to the SVPS Assessments**) (7) 21 Nov

Sport ends on 25 November

Payment Info

- To secure placement, send proof of FULL payment with the application form in this booklet to the SVPS Finance Office. If payment is by EFT, please use the applicants Surname and Sport as a reference, and attach proof of payment to the application form.
- **Full Payment is due by 26 September 2016. No late payments will be accepted.**
- We have a strict No Pay-No Play policy, and you will not be able to attend lessons if proof of payment and registration forms is not supplied by the deadline date.
- Finance Office Details: Dawn - 0217852722 or finance@sunvalleygroup.co.za.
- Mondays-Thursdays, 07:30-16:00 and Friday, 07:30-13:30.
- **Banking Details: Bank - FNB, Branch Code - 260300 (Longbeach Mall), Account Number - 62498374538 and Reference - Surname, Child's Name**

PM PROGRAMME INFO

Monday				
Sport	Description	Time	Managed by	Cost
Kidz Act	Kidz Act is a performing arts programme including movement, role-play, characterisation, poetry and music. Children with confidence perform better academically - Give your child this opportunity.	13:15 - 13:45	T. Sutton	R420 per term
Birdie Cricket	Learn the basics of Cricket, team appreciation and have a ball of a time!	13:15 - 14:00	S. Mkiva S. Presence	R400 per term
Tuesday				
Birdie Athletics	Learn how to run, jump, throw and pass the baton. This is a fun way to learn more about the various facets of Athletics. No Skills are required, we will teach you all you need to know!	13:15 - 14:00	S. Mkiva L. Wynne	R400 per term
Tuesday OR Thursday				
Sunbird Splash	Make a splash this summer with friends as you'll learn to swim, play and be safe in and around the pool. Learn to float, swim under the water and have a great introduction to their strokes, striving for efficiency in their movements and techniques. With four in a class, your child shall have fun with their friends whilst learning the most valuable life skill, specifically for the area we live in.	Chris Scott BSC Sports Science - ASA Level 2 (UK) - SSA Learn-To-Swim (SA)		R400 per term
Wednesday				
Computer Boffins	Discover the wonderful world of IT. Dynamic tuition on the computer will give them the winning edge.	14:15 - 15:00	IT Team	R400 per term
SNAG Golf	SNAG (Starting New At Golf) is a fun and easy introduction to the wonderful game of Golf. All equipment will be provided.	13:15 - 14:00	D. Matthews/ A. McCann	R420 per term
Thursday				
Move to the Beat	Dance and Movement is such fun. Tap some feet in a high energy, fun-filled environment.	13:15 - 14:00	B. Banfield	R400 per term
Friday				
Birdie Tennis	Grasp the basic stroke techniques and footwork skills and you're set for Grade 1!	12:45 - 13:30	S. Mkiva L. Wynne	R400 per term
Fit Kids	Fit Kids uses fun and games to build strength, fitness and confidence. Kids use their imaginations, learn how to use their bodies and move for the entire class duration!	12:45 - 13:25	Simon McQueen	R400 per term
	There are now 2 x Fit Kids Sessions. We encourage Homepage attendees to select the Second Session.	13:35 - 14:15		



Sun Valley
Group of Schools

Sunbird Splash Term 4

Swimming will be beginning at Sunbird Pre-Primary School in Term 4. We want students to learn to swim, gain confidence and become excited about this sport as they approach BIG SCHOOL in 2017.

Classes will be run by Pro-Swim Coach, Chris Scott. Chris is the Pro-Coach at the local Virgin Active Gym and runs a number of Swimming Schools around Cape Town. He is captivating, knowledgeable and enthusiastic. Chris or his assistant Coach will be in the pool with the kids AT ALL TIMES.

Sessions will be 30 minutes in length and take place in the Sun Valley 1.2m heated pool. The temperature is currently 25 degrees.

Rules and Information:

- Parents must collect their kids from Sunbird and bring the students to the pool area.
- A child must be accompanied by an adult. No parent present at the start of the lesson will result in a forfeited lesson.
- Swimmers must arrive in the Aquatic Centre dressed in their costume, swim cap and a towel. Goggles are optional.
- If you are needing to buy swimming togs, the Sun Valley boutique sell all necessary swimming kit including speedos, costumes, towels and swim caps.
- If a friend takes locus-parentis, a letter must be presented to the Sport Office offering full indemnity to this parent.
- Include both parents contact numbers in the letter mentioned above.
- Students that are not collected on time will be taken to Homebase and parents will be charged accordingly.
- Parents are welcome to watch the swimming sessions (from a reasonable distance - seating will be made available)
- Session allocation will be confirmed via SMS.

Sun Valley Splash 2016					
Child's Name _____			Class _____		
Tick the Block which best describes your son/daughter's swimming strength	Cannot Swim	Can Float Unaided on their front and back	Can Swim 5m on their front and back	Can Swim Confidently	
Tick the Block below which best suits your schedule for Swimming Lessons. Lessons will be scheduled as close as possible to your selection.					
Tuesday			Thursday		
13:00-13:30	13:30-14:00	14:00-14:30	13:00-13:30	13:30-14:00	14:00-14:30
I, _____ the parent/guardian of _____ waive any claim that may arise as a result either directly or indirectly from attending swimming lessons. I further indemnify Sun Valley Group of Schools as well as the the owners, Smart Swimmers (The Company) or any teacher or employee employed by the Company in the event of any accident, bodily injury or theft that may arise before, during or after any lesson. I have also read and understood the conditions given and agree to abide by them.					
Name _____ Parents Signature _____ Date _____					

Please complete both the Sunbird Sports Registration Form as per usual AND the Sunbird Splash Table and Indemnity above.

PM PROGRAMME REGISTRATION FORM

TERM 4 2016

Full Name:				
Class Teacher and Colour:				
Name of Parent/Guardian:				
Contact Number:				
Email Address:				
Selection of Sport for Term 4				
Sport	Day	Time	Selection (Tick)	Cost
Birdie Cricket	Monday	13:15-14:00		
Kids Act	Monday	13:15-13:45		
Birdie Athletics	Tuesday	13:15-14:00		
Sunbird Splash	Tuesday/Thursday	Various		
Computer Boffins	Wednesday	14:15-15:00		
SNAG Golf	Wednesday	13:15-14:00		
Move to The Beat	Thursday	13:15-14:00		
Birdie Tennis	Friday	12:45-13:30		
FIT Kidz (Red Session)	Friday	12:45-13:25		
FIT Kidz (Blue Session)	Friday	13:35-14:15		
Payment of Sport for Term 4				
Payment Method	Selection (Tick)	Banking Details: Bank: FNB Branch: Longbeach Mall Branch Code: 260300 Account Number: 62498374538 Reference: Surname, Child's Name		
EFT				
Cash				
Finance Office				

Payments are to be made in FULL by 26 September